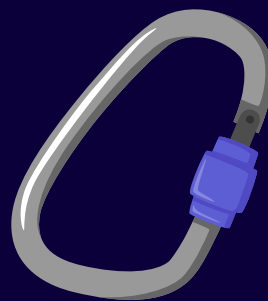


CLIMB ON YOUR OWN TIME!

BELAY CERTIFICATION



Belay Certification Course

**Last Tuesday of the Month
6:30pm – 8:00pm**

Get more climbing time in for your friends and family by becoming a certified belayer in our Belay Certification Course. This course includes knot tying, belaying techniques and set-up, belay commands, fall simulation, climbing technique instruction and a follow-up test for ages 18+. Final test will be administered during an open climb session by reservation only. *Please bring your own equipment for course.*

- Belay Test by appointment only – set-up time after you have completed your scheduled class! *Please bring your own equipment for Belay Test.*

Stop by the Federal Way Community Center, where you can literally reach new heights. Our 27-foot climbing pinnacle has eight belay stations and climbs rated from 5.4 to 5.10. The Rock Climbing Pinnacle is available for free to members (\$3 equipment fee or bring your own)

Once you are certified, you may use the climbing area to belay.

M W F 5am – 9pm

Sundays 11am – 4pm

Bring your own equipment.

*The wall is not available on school holidays or vacations

For more information contact:
Shannon Rivers at 253-835-6940 or
Shannon.Rivers@cityoffederalway.com

ITALLHAPPENSHERE.ORG

Federal Way
**COMMUNITY
CENTER**
It all happens here