

Lap Pool Schedule

Spring Schedule

April 10 - June 16, 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 - 8 AM Lap Swim	5 - 7:55 AM Lap Swim	5 - 8 AM Lap Swim	5 - 7:55 AM Lap Swim	5 - 8 AM Lap Swim	7 - 8 AM Team Training Lap Swim (2 Lanes)	
8 - 8:55 AM Senior Swim	8 - 8:55 AM Shallow Water Aerobics	8 - 8:55 AM Senior Swim	8 - 8:55 AM Shallow Water Aerobics	8 - 8:55 AM Senior Swim	8 - 9 AM Team Training (5 Lanes) Lap Swim (1 Lane)	
9 - 9:55 AM Deep Water Aerobics	9 - 10 AM Senior Swim	9 - 9:55 AM Deep Water Aerobics	9 - 10 AM Senior Swim	9 - 9:55 AM Deep Water Aerobics	9 - 11 AM Team Training (4 Lanes) Lap Swim (2 Lanes)	
10 AM - 12 PM Water Walking (2 Lanes) Lap Swim (4 Lanes)	10 AM - 12 PM Water Walking (2 Lanes) Lap Swim (4 Lanes)	10 AM - 12 PM Water Walking (2 Lanes) Lap Swim (4 Lanes)	10 AM - 12 PM Water Walking (2 Lanes) Lap Swim (4 Lanes)	10 AM - 12 PM Water Walking (2 Lanes) Lap Swim (4 Lanes)	11 AM - 12:45 PM Lap Swim	10:30 - 11:55 AM Lap Swim
12 - 4 PM Lap Swim (6 Lanes)	12 - 4 PM Lap Swim (6 Lanes)	12 - 4 PM Lap Swim (6 Lanes)	12 - 4 PM Lap Swim (6 Lanes)	12 - 4 PM Lap Swim (6 Lanes)		
4 - 7 PM Team Programs Swim Lessons No Lap Lanes	4 - 7 PM Team Programs Swim Lessons No Lap Lanes	4 - 7 PM Team Programs Swim Lessons No Lap Lanes	4 - 7 PM Team Programs Swim Lessons No Lap Lanes	4 - 7 PM Team Programs Swim Lessons No Lap Lanes	1 - 3 PM* 3:30 - 5:30 PM* Open Swim Lap Swim (wrist bands required)	12 - 1:30 PM* 2 - 3:30 PM* Open Swim Lap Swim (wrist bands required)
7:15 - 8:15 PM Open Swim (wrist bands required)	7:15 - 8:15 PM Open Swim (wrist bands required)	7:15 - 8:15 PM Open Swim (wrist bands required)	7:15 - 8:15 PM Open Swim (wrist bands required)	7:15 - 8:15 PM Open Swim (wrist bands required)		

ItAllHappensHere.org

Building Hours: Monday- Friday 5:00am-9:00pm
Saturday: 7:00am-6:00pm Sunday: 9:00am-5:00pm

Some activities require registration and extra fee. Please ask for additional information. Pool schedule subject to change.

