

CITY OF FEDERAL WAY PARKS & RECREATION & CULTURAL SERVICES



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2020

BASKETBALL CAMP

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA116553	6/22 - 6/26	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$169	TAF @ Saghalie Gym

TENNIS CAMP

In Skyhawks tennis programs, boys and girls learn proper grips, footwork, strokes, volleys and serves, as well as the rules and etiquette that make tennis an exciting game. Programs fill quickly due to limited court space.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA116580	6/29 - 7/02	M-Th	9:00 a.m. - 12:00 p.m.	6-12	\$109	Saghalie Park
SSA116649	7/13 - 7/17	M-F	9:00 a.m. - 12:00 p.m.	6-12	\$129	Saghalie Park
SSA116719	7/27 - 7/30	M-F	9:00 a.m. - 12:00 p.m.	6-12	\$129	Saghalie Park

BASEBALL CAMP

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA116637	7/07 - 7/10	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$169	Saghalie Park

MINI-HAWK® CAMP (SOCCER, BASEBALL & BASKETBALL)

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA116682	7/13 - 7/17	M-F	9:00 a.m. - 12:00 p.m.	4-6	\$129	Saghalie Park



**SPACE IS LIMITED!
REGISTER TODAY >>**

**Online:
skyhawks.com**

**Phone:
800.804.3509**

SOCCER CAMP

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA116683	7/20 - 7/24	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$169	Saghalie Park

STEM & PLAY: BASKETBALL

This program combines strategic STEM-based activities with traditional Skyhawks basketball instruction and a focus on life skills such as teamwork and sportsmanship. The STEM Sports® basketball curriculum educates children on subjects including velocity and acceleration, basketball shoe design, tracking with technology and much, much more! Participants will also learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based drills and scrimmages. Skyhawks puts the Sports in STEM.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA118112	8/03 - 8/07	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$169	Saghalie Park

GOLF CAMP

Boys and girls will learn the fundamentals of swinging, putting and body positioning. Using the ShortGolf® system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA118113	8/10 - 8/14	M-F	9:00 a.m. - 12:00 p.m.	6-12	\$129	Saghalie Park

STEM & PLAY: SOCCER

This program combines strategic STEM-based activities with traditional Skyhawks soccer instruction and a focus on life skills such as teamwork and sportsmanship. STEM Sports® soccer curriculum gives students the opportunity to get behind the sport they love with modules on soccer ball design, throw-in science, angles, goal-line technology! Participants will also learn the fundamentals of passing, shooting, dribbling and defense through skill-based drills and scrimmages. Skyhawks puts the Sports in STEM.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA116817	8/17 - 8/21	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$169	Saghalie Park



"Hannah absolutely loved her camp! The coaches were outstanding and very professional. They always greeted her every day and treated her respectfully. She learned a lot in a short period of time and really gained a lot of confidence. She can be fairly shy until she is comfortable and she was not the least bit shy even by the second day, which is indicative that she really felt safe and respected and was having fun. We were very pleased with the coaches and the program!" - Debby F.

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