

Local Youth Sports Organizations

Boys and Girls Club

Basketball, Soccer, Volleyball, Baseball, Rock Climbing, Judo (all activities are Co-ed)

www.positiveplace.org
Phone: 253-681-6510
Email: federalway@positiveplace.org
Seasonal
Ages: K-7th grade

Skyhawks

Baseball, Tennis, Basketball, Soccer Camps

www.skyhawks.com
Phone: 800-804-3509
Week long Summer Camps
Ages: 5-12, depending on specific sport
Sign up online at: <https://parks.cityoffederalway.com/Recreation/Activities/ActivitiesAdvSearch.asp>
or in person at the Federal Way Community Center

Federal Way Hawks

Football and Cheerleading

federalwayhawks.org/
Email: info@federalwayhawks.org
Practices starts in July, games run August-November
Ages: 1st-8th grade

Titans Youth Football

Football and Cheerleading

www.fwsasports.org
Phone: 253-220-5085
Email: info@fwsasports.org, bobby3jennings@gmail.com
Practices start in July, games run August-November
Ages: 1st-8th grade

Federal Way Knights

(Select Baseball and Fast pitch)

Baseball and Fast pitch
www.eteamz.com/federalwayknights/
Ages: 10-18yrs

Federal Way National Little League

Baseball and Fast pitch

www.eteamz.com/fwnll/
Practices start in March, games run April-early June. Fall Ball practices start in mid-August, games run September-November
Ages: K-8th grade
Please check the website to ensure that you live within the Federal Way National Little League boundaries

Steel Lake Little League

Baseball and Fast pitch

www.steellakelittleleague.com
Phone: 253-470-8060
Email: steellakelittleleague@gmail.com
Practices start in March, games run April-early June. Fall Ball practices start in mid-August, games run September-November
Ages: K-8th grade
Please check the website to ensure that you live within the Steel Lake Little League boundaries

Federal Way Outlaws

11u Baseball Team

Website: <https://fwoutlaws.com/>
Email: OutlawsBaseballFW@gmail.com
Team forming now. Offseason practices start late October. Games begin in March and run through July.
Ages: 10-11

South Sound Lacrosse

southsoundlax.com/
Seasonal
Ages: 3rd-8th grade boys

Rainier Junior Rugby

www.rainierjuniorrugby.com/
Phone: 253-330-6816
Email: a.s.ramsay@comcast.net
Seasonal
Ages: 3rd-12th grade

Federal Way Football Club

Soccer

www.federalwaysoccer.com/
Seasonal
Ages: 5-18yrs

Kidz Love Soccer

Soccer Skill Building Program (indoor at FWCC)

www.kidzlovesoccer.com
Phone: 1-888-277-9542
Ongoing 5 week sessions
Ages: 3-18yrs
Sign up online at: <https://parks.cityoffederalway.com/Recreation/Activities/ActivitiesAdvSearch.asp>
or in person at the Federal Way Community Center

Shooting Stars at the Federal Way Community Center

Basketball Skill Building Program

itallhappenshere.org/leagues.html
Phone: 253-835-6900
Email: 63sixthreeshep@gmail.com
Ongoing 5 week sessions
Ages: 3-18yrs
Sign up online at: <https://parks.cityoffederalway.com/Recreation/Activities/ActivitiesAdvSearch.asp>
or in person at the Federal Way Community Center

Federal Way Hype

Youth Basketball

www.fedwayhype.com/
Additional Information: AAU competitive team. 9 & Under/3rd Grade or 10 & Under/4th Grade teams, Boys

Y.E.A Basketball

Youth Basketball

yeagirlsbasketball.weebly.com
Phone: 253-653-4168
Email: yeabasketball@gmail.com
Spring/Summer for High School, year-long for youth
AAU competitive team for girls. Practices at EX3 Ron Sandwith Center in Federal Way.

FM Youth Basketball

Youth Basketball

www.fmbasketball.org/home.php
Phone: 253-620-4646
Email: director@fmbasketball.org
Seasonal (Fall/Winter)
Family discount and early registration discount. K-9th Grades. 2 games per week for 8 weeks. Locations in Milton, Edgewood, Fife & Tacoma.

The Little Gym

Gymnastics/Tumbling (also dance, karate, sports skills)

www.thelittlegym.com/federalwayWA
Phone: 253-529-0309
Email: tlgfederalwaywa@thelittlegym.com
Ongoing
Ages: 4mo-12yrs

Continued...

Prestige Dance Studio

prestigedance.net
Phone: 253-874-0161
Email: gottadance4@gmail.com
Ongoing and seasonal shows
(fall/winter & spring)
Ages: 3–9yrs

Arthur Murray Dance

www.pugetsound.dance/federalway
Phone: 253-941-1841
Ages: 16+yrs

British Dancing Academy

www.thebritishdancingacademy.com
Phone: 253-838-4999 /425-738-8586
Email: bda@thebritishdancingacademy.com
Ages: 6+yrs

KW Dance Studio

www.kwdancestudio.com
Phone: 253-237-3152
Email: kwdancestudiofw@gmail.com
Ages: 3+yrs

Federal Way Track Club

www.fwtrack.org
Phone: 253-318-3982
Email: fwtrack@hotmail.com
Ages: 8–18yrs

Jazzercise

www.jazzercise.com
Phone: 253-333-8886
Email: federalwayjazz@comcast.net
Ages: 6+yrs

Blue Wave Aquatics**Swimming**

www.bluewave-aquatics.com/Schedule.aspx
Phone: 253-793-9391
Email: wendy@bluewave-aquatics.com
Ongoing
Open water, triathlete, Masters, and lessons
available

Federal Way Community Center**Swim Lessons**

www.itallhappenshere.org (must sign up in
person or by telephone)
Phone: 253-835-6900
Email: craig.feldman@cityoffederalway.com
Ongoing 5 week sessions

Weyerhaeuser King County Aquatics

www.kingcounty.gov/services/parks-
recreation/parks/activities/aquatics.aspx
Phone: 206-477-4444
Email: [http://blue.kingcounty.gov/about/
contact/](http://blue.kingcounty.gov/about/contact/)
Ongoing

Marine Hills Swim & Tennis Club**Swimming**

www.teamunify.com/Home.
jsp?team=recssslmhst
Phone: 253-839-4690
Ongoing

North Shore Golf Course—Tacoma**PGA Jr. league**

www.nshoregolf.com
Phone: 253-927-1375
Ages 8–13

Twin Lakes Golf & Country Club

www.twinlakesgolf.net/twinlakesgolf/
content/1926602/Swim-Lessons
Phone: 253-927-4440
Ongoing