



ADULT DANCE CLASSES

NIGHTCLUB 2-STEP

September 3–24

ID#330601-01 | \$44 | Tu | 6:30–7:30pm

SALSA

September 3–24

ID#330601-02 | \$44 | Tu | 7:30–8:30pm

AMERICAN FOXTROT

October 8–29

ID#330601-03 | \$44 | Tu | 6:30–7:30pm

EAST COAST SWING

October 8–29

ID#330601-04 | \$44 | Tu | 7:30–8:30pm

AMERICAN TANGO

November 12–10 (no class 11/26)

ID#330601-05 | \$44 | Tu | 6:30–7:30pm

CHA CHA

November 12–10 (no class 11/26)

ID#330601-06 | \$44 | Tu | 7:30–8:30pm



TEEN/ADULT — DUMAS BAY

These classes are ideal for the beginning dancer looking to stretch and strengthen their body or experienced dancer looking to refine and cultivate their skills. Set in a relaxed but supportive environment, our teen/adult classes let you take some time out of your day to focus on you. Whether you are looking for a class to support extracurricular activities or unwind from your work day, Dumas Bay dance teachers will work to meet your needs.

TEEN/ADULT HIP HOP

Hip Hop is an urban jazz/funk/pop style of dance. Students will explore basic contained and isolated movements of the body in the center of the floor.

September 16–December 2

ID#320601-12 | \$120 | M | 7:10–8:00pm

TEEN/ADULT TAP

Tap explores technical movements and sounds with rhythm and precision. If you're looking for a musical way to move your body, this class is for you!

September 16–December 2

ID#320601-15 | \$120 | M | 8:05–8:45pm

TEEN/ADULT BALLET

Ballet is a classical style of dance. Students will develop range of motion with deep stretches and barre work emphasizing the movements of the hips, feet, calves, arms, and upper body.

September 16–December 2

ID#320601-13 | \$120 | W | 6:45–7:35pm

TEEN/ADULT JAZZ/LYRICAL

Jazz/Lyrical focuses on movement and expression. This class develops strength and flexibility of the body and mind through various styles of jazz dance (traditional, contemporary, lyrical, and musical theater). Students will learn basic stretches, steps, turns, jumps, and choreography for dancers of all levels.

September 16–December 2

ID#320601-14 | \$120 | W | 7:40–8:30pm

For more information contact:
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Federal Way
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