

# 2018 Summer Swim Team!

Join the Federal Way Summer Swim Team!

*New swimmers must be able to demonstrate at a Youth Level 5 ability or higher of:*

- Crawlstroke
- Backstroke
- Breaststroke

*Try Out for the Advanced Practice Group! Swimmers must be able to:*

- Swim continuously for 300 yards demonstrating all four competitive strokes
- Perform both crawlstroke and backstroke flip turns as well as starts from the starting blocks

## *Schedule*

**Tuesday, May 1st:** Returning swimmer registration begins

**Wednesday, May 8th:** Open House will be held at 7:15pm

**Wednesday, May 8th:** New Swimmer Registration begins following the Open House

**Tuesday, June 5th:** Parent and Team Meeting will be held at 7:15pm

**Monday, June 25th & Tuesday, June 26th:** First practice



**For More Information, Please Contact:**

Jen Larsen (253) 835-6944

[jennifer.larsen@cityoffederalway.com](mailto:jennifer.larsen@cityoffederalway.com)

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Federal Way  
**COMMUNITY  
CENTER**  
*It all happens here*