

Become a Lifeguard!

December 18-22, 2017

Monday-Friday 10:00am-6:00pm

Meal Break Scheduled 2:00-2:30pm Each Day

Pretest: Friday, December 15, 4:00pm

Pretest Skills Include:

300 Yard Combined Freestyle/Breaststroke swim

2 Minute Tread Water Without Using Arms

Timed Brick Retrieval

Class & materials: \$150 total

Students must have access to the internet to download the textbook.



Register now!

Course #60034

(253) 835-6900

Federal Way

COMMUNITY CENTER

It all happens here



American Red Cross

Together, we can save a life

Minimum 15 Yrs. of age.

Certifications include:

- Lifeguard Training
- First Aid
- C.P.R. & A.E.D.
- Bloodborne Pathogens
- NW Lifeguard Prep Course